### Endoscopic Surgery in the Paediatric Airway



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#### History of paediatric stenosis

- •60's Premature infants survive
  - Acquired Subglottic Stenosis
  - Tracheostomy
- •70's Open laryngeal surgery, Rib graft repair
- •80's Cricoid split to deal with early cases
- •90's Single stage laryngeal reconstruction
- Partial cricotracheal resection
- •2000+Endoscopic techniques



### Why endoscopic rather than open?

## •Concerns with existing techniques

- Tracheostomy
- Poor vocal outcome
- LASER

## Initially encouraging results

- •Convergent thinking: not alone
- •Concepts fit with my animal work

## •New techniques available

- Sharp division
- Radial dilatation
- 12+ Bar without shearing
- Microdebrider
- Mitomycin
- Steroids
- Stents
- Lateralisation sutures

#### Minimally invasive techniques in the literature

- Surgeons using advanced endoscopic techniques in the airway
  - Rutter
  - Froehlich
  - Rothera
- Endoscopic balloon dilatation of subglottic stenosis
  - Rothera, M.P. J.Laryngol.Otol.1995
- Endoscopic posterior cricoid split and rib grafting in 10 children
  - Inglis and Manning Laryngoscope 2003

#### Conditions now treated endoscopically

- Laryngomalacia
- Cysts
- Soft early stenosis
- Restenosis after LTR т-tube
- Established stenosis grafts
- High tracheal stenosis
- Webs
- Vocal cord palsy
- Interarytenoid scar

division/resection sharp avulsion cricoid split stents keel lateralisation suture lateralisation suture

#### **Basic Endoscopic Techniques**

•Anaesthesia

•Adrenaline

•FESS style 2 handed surgery

#### Initial Techniques

Cut/divide/shaveBalloonInjection

#### •Later Techniques

•Stent

•Suture

•Graft



## Anaesthesia

OR

- Spontaneous respiration
   Halothane/Sevoflurane
- Topical anaesthesia

   Intramuscular Atropine
- Topical Epinephrine











### Initial Techniques

- Sharp division in stenosis or evenn laryngomalacia
- Sharp removal granulations and cysts
- Sharp division of stenosis and webs
- Radial balloon dilatation
- Microdebrider
- Inject steroids
- Apply Mitomycin

## Laryngomalacia



## Sharp Removal Of Cysts



#### Endoscopic Decompression Of Edematous Larynx



## **Balloon radial dilatation**



## Microdebrider



#### Mitomycin C

- Antineoplastic antibiotic acts as an alkylating agent by inhibiting DNA and protein synthesis
- Dose 0.4 to 4 mg/ml
- 2 mg/ml



## **Triamcinolone Injection**

• 40 mg in 1 ml



### Later Techniques

- •Repeat radial dilatation
- •Mitomycin/Steroids
- •Lateralisation sutures
- Montgomery T-Tube
  silastic keels
  tube stents
- Wedge resectionEndoscopic grafts









# AZ: 8 years, anterior web following laser for papilloma

•Division with insertion of silastic stent



#### CW 12 years-Endoscopic Insertion of Endolaryngeal Stent



# EJ: 12 years old, failed laser division of web stenosis









## RC: 12 years skiing accident





### CN: 10 years RTA

Division of interarytenoid scar, anterior web and subglottic stenosis



## MK: Downs, microtrachea

•Cricotracheal resection

•multiple stents

•Thin stenosis



## MK: Downs, microtrachea

•Repeated:

•Sharp division

•Balloon

•Steroid injection



## EB: ex prem with stridor









#### ES 8, years, Larsens syndrome T tube to prevent restenosis



#### N.A 6 years, vocal cord palsy Lateralisation suture





#### BB, 12 years, posterior scar Endoscopic posterior graft



## Summary

- Advanced endoscopic procedures may reduce the need for open surgery.
- The indications, risks and benefits need to be determined
- My experience has been mostly positive
  - No major complications
  - A few notable success stories
  - Time and cost a consideration